

Year 3 - Me and My Relationships

Key questions

Cooperation

Can people disagree and still be friends?

Do people need to accept the views of others? Why?

How can arguments and disputes be settled?

Friendships

What do I do to be a good friend?

How can I make up with a friend if we have fallen out?

What different ideas can I suggest to friends who have fallen out?

How can I help others to sort out their argument?

Key vocabulary

apologise respect disagree
responsibility calm disputes
arguments feelings persuade
friendship opinions listening
family friendship falling out
special people

I can ...

I can usually accept the views of others and understand that we don't always agree with each other.

I can give you lots of ideas about what I do to be a good friend and tell you some different ideas for how I make up with a friend if we've fallen out.

Year 3 - Valuing Difference

Key questions

Recognising and Respecting Diversity

Are all families the same? If not, how are they different?

What is good about having different community groups? Why?

What is prejudice?

Where does prejudice come from?

Can prejudice be challenged?

How?

Being Respectful and Tolerant

Are tolerance and respect the same? Do we need both?

Do we have respect and tolerance in our classroom? What does it do?

Have you shown respect and tolerance at any time? How and Why?

Has anyone shown you respect and tolerance? How did it make you feel?

Key vocabulary

family different
name calling prejudice
tolerance community
strangers bullying differences
belonging respect
identity families similarites

I can ...

I can give examples of different community groups and what is good about having different groups.

I can talk about examples in our classroom where respect and tolerance have helped to make it a happier, safer place.

Year 3 - Keeping Safe

Key questions

Managing Risk

What makes a situation risky?
Can a risky situation be changed?
How?

Why do some people choose to
take risks?

Why do some people choose to
avoid risky situations?

Drugs and Their Risks

What are the risks of cigarettes
and alcohol?

Can medicines be both helpful and
harmful? Why?

What other things can be helpful
and harmful to a person's health?

What can make people take risks?

Staying Safe Online

Why is it important to keep
personal details safe when online?

Is all information that we see
online always true?

How do some people try to find out
personal information? Can this
cause any problems?

Key vocabulary

alcohol personal details
risk (risky) internet safety
cigarettes private nicotine
trust medicines public
unsafe search engine harmful
situation e-cigarettes vapes

I can ...

I can say what I could do to make
a situation less risky or not risky at
all.

I can say why medicines can be
helpful or harmful.

I can tell you a few things about
keeping my personal details safe
online. I can explain why
information I see online might not
always be true.

Year 3 - Rights and Respect

Key questions

Skills We Need to Develop As We Grow Up

Is a fact the same as an opinion? If not, why not?

How we check whether something is a fact or opinion? What is a 'false fact' that might be seen online?

Helping and Being Helped

How do we keep ourselves safe as we get older?

Can we help the people who help us? How?

Key vocabulary

online false check
safe parent
carer adult
search fact
opinion

I can ...

I can say some ways of checking whether something is a fact or just an opinion.

I can say how I can help the people who help me, and how I can do this. I can give an example of this.

Year 3 - Being My Best

Key questions

Keeping Myself Healthy

Am I responsible for keeping myself healthy?

What can I do myself to keep healthy?

How do I feel when I do things to stay healthy?

Celebrating and Developing My Skills

What skills or talents do I have?

How can a talent or skill be developed?

Does goal-setting help improve skills and talents? How?

What would I like to achieve when I am older?

How do I achieve my goals?

Key vocabulary

achieve fruit medicine bones
goal-setting muscles skills
teeth balanced diet talents
improve practise proteins
water sleep healthy
starchy carbohydrates dairy
exercise energy vegetables

I can ...

I can give a few examples of things that I can take responsibility for in relation to my healthy and give an example of something that I've done which shows this.

I can explain and give an example of a skill or talent that I've developed and the goal-setting that I've already done (or plan to do) in order to improve it.

Year 3 - Growing and Changing

Key questions

Relationships

Can a relationship be positive?

How?

How can a relationship be negative?

What can someone do to make a friendship healthy?

Menstruation

What is menstruation?

What happens when the human egg is not fertilised?

Which parts of a woman's body are involved in menstruation?

Keeping Safe

What is someone's 'body space'?

When is it ok to go into someone's body space?

If someone wants another person to leave their body space, how can they ask them to leave?

If someone feels uncomfortable, who can they talk to?

Key vocabulary

angry penis relationships
body space touch assertive
vagina jealous womb
period/menstruation pad trust
lining respect breasts
uncomfortable caring genitals
upset egg healthy
puberty testicles

I can ...

I can name a few things that make a positive relationship and some things that make a negative relationship.

I can tell you what happens to the woman's body when the egg isn't fertilised, recognising that it is the lining of the womb that comes away.

I can identify when someone hasn't been invited into my body space and show how I can be assertive in asking them to leave it if I feel uncomfortable.