



Evercreech Church of England Primary School Physical Education Long Term Plan 2024 – 2025

	EYFS	YEAR 1	YEAR 2	YEAR 3	YEAR 4	YEAR 5	YEAR 6
AUTUMN 1 - COACH	MULTI-SKILLS – co-ordination, balance.	MULTI-SKILLS	MULTI-SKILLS	MULTI-SKILLS	MULTI- SKILLS	MULTI-SKILLS	MULTI-SKILLS
AUTUMN 1 - CLASS TEACHER	N/A - continuous provision	DANCE	DANCE	INVASION GAMES – TAG RUGBY	INVASION GAMES - FOOTBALL	INVASION GAMES - HOCKEY	INVASION GAMES – TAG RUGBY
AUTUMN 2 - COACH	THROWING AND CATCHING BALL SKILLS	INVASION GAMES - HOCKEY	INVASION GAMES - HOCKEY	INVASION GAMES - HOCKEY	INVASION GAMES – HOCKEY	HEALTHY LIFESTYLE – DIET AND EXERCISE- Teaching the children future positive healthy life choices.	HEALTHY LIFESTYLE – DIET AND EXERCISE - Teaching the children future positive healthy life choices.
AUTUMN 2 – CLASS TEACHER	N/A - continuous provision	HOCKEY	HOCKEY	DANCE	INVASION GAMES - RUGBY	INVASION GAMES - FOOTBALL	DANCE
SPRING 1 – COACH	GYMNASTICS – rolling, jumping, hopping, skipping, climbing.	GYMNASTICS	GYMNASTICS	GYMNASTICS	GYMNASTICS	GYMNASTICS	GYMNASTICS
SPRING 1 CLASS TEACHER	N/A - continuous provision	INVASION GAMES – BASKETBALL. MINDFULNESS	INVASION GAMES - BASKETBALL	INVASION GAMES - BASKETBALL	INVASION GAMES - BASKETBALL	INVASION GAMES - BASKETBALL	INVASION GAMES - BASKETBALL

SPRING 2 – COACH	DANCE – develop a more fluent style of moving with developing control and grace.	FOOTBALL	FOOTBALL	FOOTBALL	FOOTBALL	FOOTBALL	STRIKING AND FIELDING - ROUNDERS
SPRING 2 – CLASS TEACHER	N/A - continuous provision	OUTDOOR AND ADVENTUROUS ACTIVITIES / TEAM BUILDING	OUTDOOR AND ADVENTUROUS ACTIVITIES / TEAM BUILDING. MINDFULNESS	OUTDOOR AND ADVENTUROUS ACTIVITIES / TEAM BUILDING	DANCE	DANCE	OUTDOOR AND ADVENTUROUS ACTIVITIES / TEAM BUILDING
SUMMER 1 – COACH	KICKING AND PASSING BALL SKILLS	STRIKING AND FIELDING - CRICKET	STRIKING AND FIELDING - CRICKET	STRIKING AND FIELDING - CRICKET	STRIKING AND FIELDING - CRICKET	STRIKING AND FIELDING - CRICKET	STRIKING AND FIELDING - CRICKET
SUMMER 1 – CLASS TEACHER	N/A - continuous provision	NET / WALL - TENNIS	NET / WALL - TENNIS	NET / WALL - TENNIS	NET / WALL - TENNIS	NET / WALL - TENNIS	NET / WALL – BADMINTON
SUMMER 2 – COACH	THROWING, CATCHING AND BATTING BALL SKILLS	ATHLETICS	ATHLETICS	ATHLETICS	ATHLETICS	ATHLETICS	ATHLETICS
SUMMER 2 – CLASS TEACHER	MINDFULNESS	ROUNDERS	ROUNDERS	ROUNDERS	ROUNDERS	ROUNDERS	SWIMMING