



Friday 24th April

Dear Parents/Carers,

**Department for Education (DfE) statutory requirements for Relationships and Sex Education
– Revised Guidance**

We are writing to inform you about upcoming changes to Relationships and Sex Education (RSE), and to invite you to take part in a consultation as we update our school policy in line with revised Department for Education (DfE) guidance.

From September 2026, schools will be required to teach the updated 2025 DfE guidance for Relationships and Sex Education. This revised guidance places a stronger emphasis on developing pupils' skills as well as their knowledge, particularly in navigating a complex and increasingly digital world in a safe and healthy way. It also recognises that there is no one-size-fits-all approach, allowing schools flexibility to meet the needs of their pupils.

The updated guidance includes a strengthened focus on safeguarding, emotional literacy, online awareness, and supporting children to develop positive, respectful relationships. It also highlights the importance of helping children, particularly boys, develop a positive sense of masculinity, challenge harmful stereotypes, and build confidence in expressing emotions and seeking support.

At our school, we believe children learn best when complex topics are explored through honest, sensitive, and age-appropriate conversations. Our RSE provision supports pupils' wellbeing, helping them to understand their emotions, relationships, and physical development, and to prepare confidently for the different stages of childhood and beyond.

To support this learning, we use the Coram SCARF programme, a well-established, evidence-based resource tailored for primary-aged children. This includes both online teaching materials and visits from trained educators. The programme covers key areas such as friendships, respect, personal safety, emotional wellbeing, growing and changing, and healthy relationships. The DfE also strongly encourages primary schools to include sex education in Years 5 and/or 6 to support children as they prepare for secondary school. Research shows that timely, age-appropriate education can reduce anxiety and stigma around natural changes such as puberty. This content is taught within our SCARF curriculum as part of the 'Growing and Changing' unit, delivered in Term 6. Information covered in this unit will be shared with you prior to delivery to keep you informed.

RSE also plays an important role in safeguarding. By learning about body awareness, appropriate and inappropriate touch, and how to seek help from a trusted adult, children are better equipped



to stay safe. Evidence also shows that children with stronger health and wellbeing are more likely to achieve academically and engage positively in school life.

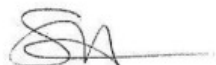
We understand that parents and carers play a vital role in their child's RSE, and we are committed to working in partnership with you. Each term, you will continue to receive curriculum information outlining the themes your child will be learning about, so that you can support conversations at home if you wish.

As part of reviewing and updating our RSE policy, we are both required—and keen—to consult with parents and carers. Your views are an important part of this process and will help ensure our policy remains inclusive, appropriate, and reflective of our school community. You will also have opportunities to view the teaching resources and provide feedback.

For the remainder of this academic year, we will continue to follow the existing statutory guidance from 2019, which is reflected in our current RSE policy available on the school website. Our revised policy will be finalised later this term, ahead of implementation in September 2026. Information about how to take part in the consultation will be shared with you shortly. **In the meantime, we would welcome your views and input on the teaching of RSE; please click [here](#) to complete a short survey that will help to inform our policy review process.**

If you have any questions, would like further advice, or wish to view the resources, please do not hesitate to contact your child's class teacher, our PSHE Lead (Mrs Chilcott), or the school office. Thank you for your continued support. We greatly value working in partnership with parents and carers to ensure our children are well prepared, informed, and supported as they grow and develop.

Yours sincerely,

A handwritten signature in black ink, appearing to be 'SA', with a horizontal line extending to the right.

Sarah Hann
Headteacher